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John Landy - Wikipedia

John Michael Landy AC, CVO, MBE, FTSE (born 12 April 1930) Is A Retired Australian Middle-distance Runner And Politician. He Was The Second Man To Break The Four-minute Mile Barrier In The Mile Run, And Held The World Records For The 1500 Metre Run And The Mile Race. He Was Also The 26th Governor Of Victoria From 2001 To 2006. Feb 16th, 2019

Roger Bannister - Wikipedia

Sir Roger Gilbert Bannister CH CBE (23 March 1929 – 3 March 2018) Was A British Middle-distance Athlete And Neurologist Who Ran The First Sub-4-minute Mile.. At The 1952 Olympics In Helsinki, Bannister Set A British Record In The 1500 Metres And Finished In Fourth Place. This Achievement Strengthened His Resolve To Become The First Athlete To Finish The Mile Run In Under Four Minutes. Jan 5th, 2019

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50 Mile Info. | Zumbro Endurance Run

About The Zumbro Endurance Run: The Zumbro Endurance Run 100MI, 50MI And 17MI Trail Races Take Place Within The Zumbro River Bottoms Management Unit In Southeastern Minnesota's Bluff Country - Just Outside Of The Tiny Village Of Theilman, MN Approximately 1:45 From Minneapolis - St.Paul, MN. Apr 8th, 2019

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